## **Our Soulbonding Guide**

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## **Content Warnings:**

· N/A

Basically, how we personally soulbond is like this. We heard this method a while ago and tweaked it slightly to fit ourselves. This might be edited to include other soulbonding-types and methods later. This is obviously *our* method and may not work for everyone.

## **Permanent Resident Soulbonding**

If you'd like a permanent soulbond (a soulbond that stays in your head), lie down somewhere you won't be disturbed and relax with your eyes closed. We personally do this in the headspace, but it does work in the front. You might end up in the state where you feel lighter, or like you're floating. Try to stay in that state.

Visualise yourself standing on the edge of a vast, empty void. Without thinking too hard, focus on that void. Focus on how it looks, how it feels to be in front of, etc. Make sure to remain calm and not panic, you're completely safe.

Think about the person you want to soulbond, and focus on what they look, sound and act like. Call out to the person you are trying to connect to. Try and pull them through the void to you.

If they show up or you get a response, don't freak out or you might break the connection (though you can repeat everything to re-establish the connection again if you do break it). Keep pulling until they're in the headspace. Visualizing holding their hand and pulling them into the headspace might help.

## **Reverse-Soulbonding**

If you'd like to reverse-soulbond (you go to the soulbonds head instead of them coming here), then once you have the void, visualise yourself walking into it. While walking, think of the person you want to soulbond and try to visualize yourself walking through the void to end up in their headspace, in which you can talk to them.

If disturbed, you'll be brought back to this world but you can re-establish the connection by walking through the void again.

Once again, remember that this is our method and might not work for everyone, and may take some tries to get to work. Also keep in mind that soulbonds are people too—if they want to be left alone, leave them alone.