

Our Personal Alterhuman Timeline

Written by: Archie, with major edits by Crowley (Interstellar System)

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Content Warnings:

- Dormancy (of system members).
 - Integration (of system members).
 - Dissipation (of tulpas).
 - Mention of cringe content.
 - Alterhumisia mentions.
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We figured we'd make a timeline detailing important events in our system. Any details of trauma and such will be left out. Mentions of integration, dormancy and dissipation below, however, so proceed with caution.

Some parts are probably left out because I'm forgetful, so if we remember something important, this post will be updated with more information.

2003 - Age 0+

Our original was born. They went by our deadname, so that won't be mentioned here, they will be referred to as "the original". We had a relatively weird childhood, growing up neurodivergent and as long as we have memory of, we've always been somewhat animal, or creature, in some way.

2010 - Age 6+

The original made some imaginary friends who accidentally became tulpas. All of these were Pokemon, the main two "imaginary friends" being Reshiram and Dialga. Reshiram was just a funny little silly friend who enjoyed memes maybe a bit too much, while Dialga was more serious and functioned as a protector for us.

A traumatic event involving cops (this is important later), resulted in Archie walking in during the later half of the year, and the original going dormant. Archie didn't know he wasn't the original at this point in time. The switch between Archie and the original was fluid and Archie retained most memories of times before the original went dormant. No one really noticed the difference.

2015 - Age 11-12

The tulpas were dissipating due to the body's parents teasing us for having them and us generally growing up. We didn't know that the tulpas were sentient and neither did the tulpas themselves, so no one argued or tried to change it.

Archie discovered the otherkin community at age ~11 (through a Youtube cringe compilation of all things). At this point in time he wasn't active in the community due to being too young to actually be using the internet properly and he only had his 3DS internet browser. He watched from a distance occasionally, and felt a connection to otherkin. He didn't know quite what it was yet though.

2016 - Age 12-13

We finally discovered some form of system terminology (though the term "system" itself wasn't known to us yet). Archie didn't piece together that our "imaginary friends" were tulpas yet, but spent a lot of time reading up on the tulpa making process and the ins and outs of why and why not.

We also discovered the term "soulbond". On the site we looked at most often, it was described purely as what we'd now call a day-tripper soulbond (a soulbond that can come and go from this world in your headspace to back to their home body). That seemed like less of a commitment than a tulpa because they could just leave if they wished, and meant that Archie could talk to his comfort characters. We were very interested in the idea.

2017 - Age 13-14

After discovering soulbonding in late 2016, Archie decided to give it a try and soulbonded a version of Silver the Hedgehog (after a failed attempt at soulbonding a Shadow, who told him to leave and not contact him again). Silver came and went from our system as a day-tripper but he was busy back at his home world quite often, so we didn't get to talk much.

Archie also discovered fictionkin on Tumblr at around this time. He discovered his Shadow the Hedgehog kintype before anything else. He did, however, end up around mostly kin-for-fun individuals and the definition of the term got muddled and he ended up having "kintypes" that now are much better described as hearttypes.

We joined a Sonic the Hedgehog based otherkin community on Discord and got along there quite well, even though our definitions were not quite correct. After a long struggle and a series of arguments about how far respect can be taken, we changed our personal friends discord server into a Sonic otherkin community of our own. Our friends at the time had proven to be disrespectful of our gender identity as a man that we had just accepted within ourselves and beyond that they mocked otherkin any time it was brought up, so we remodeled—there were already otherkin there that we wanted to provide a safer space for.

In late 2017, we ended up with our first walk-in since Archie. His name is Fleety and he was a protector and persecutor at the time, and was co-host for a long time. He protected the system from physical harm and generally was a friendly presence, if not a bit easy to anger.

Around November, Archie also discovered his identity as Zonic the Zone Cop due to someone from the servers we were in introducing him to the character. This was labelled a kintype and almost immediately felt more deep than his Shadow kintype—though he was still Shadow the Hedgehog at the same time.

2018 - Age 14-15

We joined Therian Guide in the early parts of the year and learned what otherkin really was. It helped Archie learn to actually question his identities and research a little more than just to take things at face value. He walked on eggshells a bit around the forum, trying to avoid grilling directed at him, which was a stressful experience.

Xeros, Royal, Jade, Bill, Mini, Hallow, Zonic, Price and Xeno all joined our system through walking in or splitting throughout the year. The system was growing, and we had our issues and conflicts trying to navigate all sharing a body, but we were learning.

Archie also discovered the term alterhuman around this time, but didn't use it too much. Copinglinking, Otherlinking, Otherhearted and similar terms were all terms we had recently learned of and were trying to fully understand.

2019 - Age 15-16

Archie made his blog, archiealterhuman on Tumblr. It wasn't great when he started, but it sure existed as a bigger step into actually talking to people. We started really getting into the community and were getting serious about our identity. We joined more otherkin and system servers, collecting as much information as we could. Archie made posts on his blog about his experiences and included community information that I found as well.

We gained ~13 systemmates. We were a little concerned about how many people our system had in it at that time, but we were still managing. We discovered that Reshiram our "imaginary friend" was most likely a tulpa and actually managed to bring him back from dormancy.

We also created The Alterhuman Sanctuary discord server (with help from the Sparks system) during 2019. This was a project with the intended purpose to help more people learn about alterhumanity and the various sub-categories of it. Right at the end of the year, we also created The Mindscape discord server for systems and such, as TAS was full of them and we figured a place for systems exclusively would be beneficial.

2020 - Age 16-17

We created more discord servers for more identities or experiences, some being source related and some being more focused on other things. We felt safer making our own spaces for things we cared about and were happy that other appreciated what we were doing.

Archie also discovered he wasn't the original in the system. Him being the original didn't make sense, and being a fictive of Zonic felt right, especially seeing as it felt like Zonic was a baseline identity with all the other kintypes feeling different as much as he still was them. It was confusing and strange to get used to not using fictionkin terminology for his identity, but he got there. Our trauma that caused Archie to walk-in way back at the beginning being related to cops and him being a fictive of one made too much sense, and we were discovering more and more memory gaps from before that time.

In 2020, we also gained ~40 headmate. That's definitely a jump from last year. We were a little more anxious about it but our system was seemingly functioning a little better with more people in it. People didn't have to talk to people they didn't like if they wanted to socialize anymore, they had plenty of options, so we got along better overall.

We came out as alterhuman to our psychologist and psychiatrist. The psychologist was accepting, and embraced our identity, while the psychiatrist was iffy about it as best. We felt we needed to be understood and were glad that our psychologist saw it as a positive thing.

2021 - Age 17-18

TAS got up to to 500+ server members at this point, and we were happy that so many people found it helpful and a good, comfortable space. Letting people who may have been like us have a safe space to talk about who they are was important to us.

We were also managing more social media accounts, including the tumblr blog alterhuman-culture-is and several others we made to fill niches and just have general fun, positive times.

Our system member count was still increasing but there was much less inner conflict at this point.

2022 - Age 18-19

Our server, The Alterhuman Sanctuary, reached 1000 members and is still growing. We enjoyed talking there often and sharing our experiences and helping others with their questions and just generally enjoying the community space. We made a few more smaller servers for specific experiences to fill the little niches we saw that we wanted to make spaces for.

We had a few system host switches in this time, and were generally trying to figure out how to make our system function better as our member count climbs into the 200s and 300s. We've stopped being stressed and insecure about the increase at this point and are now just looking for how to make it work.

We accepted birds and space as collective hearttypes for our entire system.

We also started talking to IRL friends we met at a local LGBT+ group about our system and alterhumanity and were very happy to be accepted by them, and even find a few more systems in the group.

2023 - Age 19-20+

We reached 400 system members and ultimately decided that we don't have too much of a use for the term "host" anymore, seeing as our front automatically cycles and it does it too often to keep a consistent host list without it being a bother.

We accepted a collective kintype (Hunter from The Owl House) and we also discovered that we are collectively planthearted as well.

We started volunteer work in the mental health field and are working to advocate for various stigmatized identities and generally be there for anyone who needs it. We're much more open about our alterhumanity at this point, because we figure if others can't accept it, then they can't understand and accept us as a whole. It's not just a part of us, it is us, so we won't be ashamed of it.

Conclusion

Thank you to anyone who read through this, even if you just skimmed. We wouldn't be here where we are today, we wouldn't be as happy, and we wouldn't be as content with ourselves if we hadn't found the alterhuman community. We appreciate you all for existing and making your presence known. Keep doing what you're doing, keep making content, keep talking about your experiences. Keep being you.