

Emotion Differences

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You know what's weird? Emotions.

Back in my world, I only had a very limited set of emotions I could properly feel and express. And by "limited set" I mean all I could generally feel was rage and then nothingness. I was a type of demon, literally existing for the purpose of causing issues, fighting and arguing. It was normal for us to have very limited emotions.

Then I get here.

I front and I'm literally swarmed with emotions I have no idea how to deal with. No idea what half of them are. I'm still confused by most of these and I've been here, in the front almost every day, for two months.

Happiness is good. It doesn't feel bad like some of the others I've felt. I don't really need to "deal" with that emotion, it's not something that needs to be gotten rid of. It's weird for sure, but in the nice way. I think I might have felt this before, but in very limited ways—nothing close to what I can feel now by spending time with friends (which is another weird concept—"friends").

Calmness is a weird one. I can actually sit here and relax and not want to attack everything that moves? It's a strange thought. I don't need to "deal" with that one either, but it's still... not normal for me. It can be nice, but it's not as good as happiness. It feels like the emptiness I felt before, but less all-consuming and more just... there.

Sadness sucks, that's just it. I have no idea how to deal with it or get rid of it. It feels like rage but worse, because I can't release my frustrations. I get stuck feeling sad and not much can pull me out of it. It's a very complicated thing to feel. Sometimes it makes me want to leave so I don't bother anyone with it, other times it makes me want to beg for help, and I don't know what causes which. Is it different levels of sadness, or is it something else? It feels like the emptiness I felt before, but... Hopeless, maybe?

Fear is terrible—I felt it before, not as strongly as I can feel it here though. I don't know how to stop it. It puts my mind back in bad places and usually results in anger, which while I used to feel little else, isn't a very good feeling.

Anger now feels less angry than the constant anger I felt before. I have vague ideas on how to deal with it but not many of them are very constructive. It's easier to deal with than the rage back home but it's still not very nice, as mentioned.

I know there's a lot more emotions than just that, but those are the main ones I can think of.